



CANDACE PLATTOR, M.A., R.C.C.

Professional Speaker & Author



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Potential Interview Questions

How do you know if someone you love is an addict?

What are family members generally feeling in this situation?

Can you ever really live a good life with an addict in it?

Why do people always talk about an addict having to "reach bottom" before they will get help?

Do interventions ever really work?

In your book *Loving an Addict, Loving Yourself*, you have 10 top survival tips. Which do you consider to be the 3 most important "tips" people need to know when they are facing this problem initially?

Why do people go down the path of addiction? Is it something they are born with or do they adopt it as a coping mechanism?

You clearly state that addiction is really a choice. I wondered how that would be possible with something that is so destructive. Surely no one wants to be an addict.

In your book, you talk about the importance of self-care for those who are in relationships with addicts. What are some of the main things people need to do to take better care of themselves?

Can anyone really get over an addiction?